Travel Essentials:
- Passport
- Travel itinerary
- Travel tickets (bus, train, boat)
- Maps and directions
- Language guide
- Guidebook
- Boarding pass
- Travel insurance
- Health insurance
- Emergency contact
- Allergy list
- Foreign currency
- Emergency money
- Credit card, debit card
- Travel pillow
- Luggage locks
- Luggage tags
- Optional: Sleeping mask
- Optional: Earplugs
- Optional: Money belt
- Optional: Student card
- Optional: Visa
- Optional: Copies of passport and tickets
- Optional: Driver’s license

Travel Health And Hygiene:
- Toothbrush
- Toothpaste
- Dental floss
- Tweezers
- Tissues
- Wet wipes
- Antibacterial wipes
- Shampoo
- Conditioner
- Shower gel
- Hand sanitizers
- Shaving products
- Razors
- Hair comb
- Feminine hygiene products
- Makeup
- Makeup remover
- Skincare products
- Sunscreen
- Medications
- Pain reliever
- Antihistamines
- Diarrhea medication
- Birth control, condoms
- Optional: First aid kit
- Optional: Contact solution
- Optional: Face lotion
- Optional: Moisturizer
- Optional: Insect repellent
- Optional: Vitamins
- Optional: Antibacterial soap
- Optional: Towels
- Optional: Finger- and toe-nail clippers

Travel Clothing:
- Business suit
- Comfortable travel short and long sleeve shirts
- Polo shirts
- Comfortable, stretchy travel pants
- Everyday jeans
- Fleece sweater
- Travel shorts
- Dresses and skirts
- Casual jacket, coat or raincoat
- Underwear
- Socks
- Sleepwear
- Swimsuit
- Beach or pool towel
- Scarves
- Hat
- Gloves
- Favorite sunglasses
- Umbrella
- Jewelry

Tech For Travel:
- Headphones
- Cellphone
- Cellphone Charger
- Camera
- Camera SD card
- Camera battery charger
- Laptop
- Laptop charger
- E-book reader
- Travel adapter and converter
- Optional: Travel iron
- Optional: Flashlight
Optional: Scarves, hats, gloves
Optional: Belts and ties
Optional: Dress shoes
Optional: Extra pair of shoes
Optional: Leisure shoes
Optional: Laundry kit and bag